

# WATERLEA WEEKLY



**Great Learning Happens at Waterlea by Connecting with  
our Community, Culture, World and Future**

**16 October 2019**

## Calendar

### October:

13th-19th Niue Language Week  
14th-24th Life Education Caravan at school  
17th Waterlea Welcome Assembly  
17th The Big Shakeout National Earthquake Drill 12.45pm  
24th Year 1 & 2 Student Led Conferences  
25th Teacher Only Day **School Closed**  
27th Diwali  
28th Labour Day **School Closed**  
29th Interschool Cross Country  
29th Board of Trustees Meeting 7pm  
31st Interschool Cross Country Rain Date

### November:

1st Year 5 & 6 Spoken Word Event 9-10.30am  
1st Fire Service Visit for Years 1 & 2 11am-12pm  
5th Middle School Production Matinee 2-3pm  
6th Middle School Production 6-7pm  
7th Middle School Production 6-7pm  
11th Middle School Athletics 9am-12pm  
12th Senior School Athletics Day  
13th Middle School Athletics Rain Date  
14th Kids for Kids Choir Rehearsal and Evening Performance  
15th Senior School Athletics Rain Date  
15th PTA Sausage Sizzle  
18th New Entrant Cohort starting  
19th Auckland Museum Trip Rm 10, 14  
20th Auckland Museum Trip Rm 12, 13  
21st Auckland Museum Trip Rm 11, 15  
21st Royal Oak Intermediate Orientation for next year's Year 7 students  
22nd Interschool Athletics  
25th Board of Trustees Meeting 7pm  
29th MB Library Trip Rm 15 11am-1pm

### December:

2nd MB Library Trip Rm 14 11am-1pm  
3rd MB Library Trip Rm 10 11am-1pm  
4th MB Library Trip Rm 13 11am-1pm  
5th MB Library Trip Rm 11 11am-1pm

**Hello, Kia Ora, Kia Orana, Talofa Lava, Taloha Ni, Bula, Ni Hau, Namaste, Malo e Lelei, Deea awit, Fakalofa, Lahi Atu, Vinaka, Dia daoibh, Sillaw, Hola, Sillaw, Huan Ying, Sagutom, Konichiwa, Guten Tag, Здравствуйте**

Fakaalofa lahi atu!

Welcome back for Term 4 where this week we are celebrating Niue Language, giving speakers of Vagahau Niue the chance to be experts in the classroom. The theme for this year's celebration is 'Leveki mo e Fakaaoga e Vagahau Niue' - 'Treasure and Use the Niue Language'. Try some of these Niuean phrases:

GREETINGS <i>Fakafeleveiaiga</i>	DAYS OF THE WEEK <i>Tau aho he faahi tapu</i>	COUNTING <i>Totou</i>
Fakaalofa Great love		taha taha
Fakaalofa atu Love extended		Ua two
Fakaalofa lahi atu Great Love extended		tolu tolu
	Aho Tapu Sunday	fa fa
	Aho Gofua Monday	lima lima
	Aho Ua Tuesday	ono ono
	Aho Lotu Wednesday	fitu fitu
	Aho Tuloto Thursday	valu valu
	Aho Falaile Friday	hiva hiva
	Aho Falumu Saturday	hogofulu ten
<b>FAREWELL <i>fakamaveheaga</i></b>		
Koe kiai! to one person (sg)		
Mua! a to two people (du)		
Mutulul! To many people (pl)		

Here are some facts about Niue:

- Niue is one of the smallest countries on earth and the largest raised coral atoll
- Niue people are the fourth largest Pacific community living in Aotearoa New Zealand with 23,883 people, 77% of whom live in Auckland. (2013 Census)
- Most Niue people in the world (74 percent) were born in New Zealand.



VILLAGES OF NIUE <i>Tau maaga he motu ko Niue</i> (northwards-clockwise)
Alofi
Makefu
Tuapa
Namukulu
Hikutavake
Toi
Mutalau
Lakepa
Liku
Hakupu Atua
Vaiea
Avatele
Tamakautoga



6th PTA Mufti Day  
 6th Year 6 Rainbows End Trip  
 10th Year 6 Graduation 11am  
 11th Year 6 Dine and Dance 5.45pm  
 16th Board of Trustees Meeting 7pm  
 18th Last day of school (full day)

**February 2020:**

3rd Wananga Day (Short meeting with child's teacher)  
 4th First full day of school

**2020 Dates**

Term 1—Monday 3 February to Thursday 9 April

Term 2—Tuesday 28 April to Friday 3 July

Term 3—Monday 20 July to Friday 25 September

Term— 4 Monday 12 October to Monday 14 December

The Year 1 team have been involved in some professional development this year where they have been introduced to some dual language early readers. Follow the link below to find some books and the accompanied audio for some of these early readers written in both Niuean and English. If you would like some hard copies of these Niuean books please ask the Year 1 teachers. <http://literacyonline.tki.org.nz/Literacy-Online/Planning-for-my-students-needs/Pasifika-dual-language-books/Vagahau-Niue>

We have been lucky to have Lino Nelisi visiting our school today (see photos below). She is a Niuean author who has come through the Writers in Schools programme run by the Book Council, with support from CreativeNZ. Lino shared a big book with the junior school before holding writing workshops for our Year 3-6 Niuean students. Fakaue lahi Mrs Nelisi for your time, for sharing your knowledge and inspiring us to discover our own writing skills!



We have an action packed term of learning planned for our tamariki and there are many important dates for you to have in your headlights:

- Join us for our **Waterlea Welcome tomorrow (Thursday) at 9.15am** in the David Lange Hall. We welcome the whanau of our newest Waterlea students who started on Monday in Room 21 and our students who have joined the Waterlea whanau for the first time this year
- Don't forget **Student Led Conferences (SLC) for Year 1-2 and Room 11 next Thursday 24th October 2-7pm**. To book a time for your student's SLC please follow this link [www.schoolinterviews.co.nz](http://www.schoolinterviews.co.nz) and use the code **ea7zv**. Year 1 and 2 children will finish school at 12.50pm that day. Skids is available for childcare—contact them at [waterlea@skids.co.nz](mailto:waterlea@skids.co.nz) If your child is in Room 3 with Mosese Uhila your SLC are tomorrow (Thurs 17).
- School is closed for our **Teacher Only Day next Friday 25th October** giving you all an extra long 4-day Labour Weekend. sKids will be available for parents who need childcare that Friday—contact

them at [waterlea@skids.co.nz](mailto:waterlea@skids.co.nz).

- **Labour Day**—Monday 28 October. School closed.
- The heated, portable **community pool** will be on site next term for the Year 1 and 2s—this is to promote water confidence and life jackets are provided.
- Classes have started their sessions with **Life Education**, who are on site until the end of next week. Life Education Trust is a charity that educates and empowers children to make healthy choices so they can live full and healthy lives. Topics covered this year include organs inside the human body, the digestive system and nutrition. There is a **parent session being held 2.30-3.15 next Tuesday 22** for all parents so you can pop along before school finishes and find out more about how they work. The van is situated in the staff carpark.

Middle School Show: 'With a Little Help From My Friends'  
 All systems go as we head into Term 4 and frantically work towards our show titled 'With a Little Help From My Friends'

Make sure you download our new app so that you get the latest news and reminders from school. You can also read the newsletter, let us know about absences, view our full events calendar and link through to our brand new website!

**To download:** Go to your app store → search for KiwiSchools Connect → download the app for free → search for Waterlea → allow notifications → subscribe to all groups  
If you need help come and see the office staff



A notice will come home advising how to purchase tickets available next week.

The performances will be a Matinee Tuesday 5th November, Evening shows 6.30 Wednesday 6th and Thursday 7th November.

Please let your child's teacher know if you are able to assist with costumes, makeup. This would be greatly appreciated!

#### Te-Reo-A-Thon Money

If you are still holding on to any money raised, please do send it in to school, it would be greatly received. Thanks for your support!

#### Golf at Waterlea!

All welcome to come along for Golf with Matua Jacob, Thursdays 8.30am in the school hall. Free of charge.

#### Lucky Book Club

Issue 7 is out now! Please use the online LOOP system to order—by next Wednesday 23. This makes a great Xmas present option—just remember to mark it as a gift so it isn't given out to your child. Gift orders can be collected from the office.

#### Fast Drop Off Zone

We appreciate your help in keeping our "Fast Drop Off Zone" free flowing between 8.30 and 9am every school morning. This is the area on House Ave between the crossing and David Lange Hall.

As you know, the road outside school can get quite congested, so please park elsewhere if you plan on going into school or saying a long goodbye!

A reminder also that for safety reasons, do not park on the yellow lines, let your children out of the car in the middle of the road or park over residents driveways.

Thank you for your support with this.

#### Waterlea/Auckland Transport Survey

An email was sent out regarding a quick Auckland

Transport survey. This survey is designed to collect information about how students are travelling to and from school, preferences for travel and identifying any barriers that might limit students from travelling in an active and sustainable way. All parent/caregivers need to do is click on the digital link: [https://aucklandtransport.au1.qualtrics.com/jfe/form/SV\\_9WAe2GVT6EJrGSh](https://aucklandtransport.au1.qualtrics.com/jfe/form/SV_9WAe2GVT6EJrGSh)

to complete the survey and it should take no more than 10 minutes to do.

The survey will run until Wednesday 23 October. This information will assist Waterlea school to develop new road safety and travel initiatives to better cater for students in the future. As a thank you for taking part, Auckland Transport is providing 2 sets of double movie passes to two lucky parent/caregivers. To be eligible to go into the prize winning draw, you will need to put your full name and contact details on the survey.

#### PTA News

##### Calendar Art Still Available

The PTA are re-opening calendar art orders for 3 weeks from 14th Oct to 1st Nov—a fantastic chance to pick out some Xmas gifts for family and friends!

Ordering is done online at [kidartworks.com](http://kidartworks.com)—please use your child's individual code that was sent home last term. If you have lost the code please email the PTA at [waterleapta@gmail.com](mailto:waterleapta@gmail.com) and they can give it to you.

#### **From our friends at Mangere Bridge School...**

A red promotional banner for Mangere Bridge School. It features the text "1 of 1" in a white box, "Bel leeming friends & family deals" in white and yellow, "Mangere Bridge School - 30 Oct - 5 Nov 2019" in white, "cost\* + 10% storewide" in large yellow letters, "excludes\* IT accessories, PC Software, AV Accessories & PC Consumables See below for terms & conditions." in small white text, and "+2.5% of total sales will go towards Mangere Bridge School" in white at the bottom.

1 of 1 Bel leeming  
friends & family deals  
Mangere Bridge School - 30 Oct - 5 Nov 2019  
cost\* + 10% storewide  
excludes\* IT accessories, PC Software, AV Accessories & PC Consumables See below for terms & conditions.  
+2.5% of total sales will go towards  
Mangere Bridge School



Order online by 9am  
for delivery Mon. Wed.  
Thur

# eZlunch MENU

Waterlea School / Term 4 2019



242 Manua Road  
Mt Wellington  
Auckland  
09-579 5499

## WARM MAINS

Teriyaki Chicken and rice	\$6.90
Beef Burger	\$6.90
Macaroni Cheese	\$6.90
Gluten Free Macaroni Cheese	\$7.90
Spaghetti Bolognese	\$7.20
Butter Chicken on rice	\$7.20
Mild Chili Bean Nachos (large) with optio...	\$6.50
Lasagne	\$7.20
Gluten Free Beef Lasagne	\$8.20
Oven Baked Spring Rolls with Soya Sauce	\$4.70
Jesters Pie	\$5.90
Gluten Free Jesters Pie	\$7.50
Sausage Roll - Baked Fresh Daily	\$3.70
Vegetarian Sausage Roll	\$3.20
Noodles (Vegetarian)	\$5.20
Noodles (Free Range Chicken)	\$6.20
Egg Fried Rice	\$6.00
Samosa (Vegetarian or Chicken) - single	\$3.30
Samosas x2 (Vegetarian or Chicken)	\$6.20
Pork, Chive, Prawn Dumplings (4 pieces)	\$5.90
BBQ Pork Bun (1) with side salad	\$6.90

## COLD MAINS

Munchbox	\$6.70
Crumbed Chicken Drumstick (free range)	\$3.90
Design A Sandwich BEEF	\$4.40
Design a Sandwich CHICKEN (Free Range)	\$4.40
Design a Sandwich TUNA in Spring Water	\$4.40
Design A Sandwich VEGETARIAN	\$3.60
Design a Sandwich HAM	\$4.40
Round Roll Chicken Salad	\$4.40
Round Rolls Ham & Salad	\$4.40
Vegemite & Cheese Scroll	\$3.80
Marmite Sandwich	\$3.30
Vegemite Sandwich	\$3.30
Ham & Pineapple Pizza Bread	\$4.20
Vegetarian Pizza Bread	\$3.70
Pita Crisps & Fresh Hummus	\$5.70
Green Salad (design your own)	\$5.00
Roasted Chicken & Green Salad (design yo...	\$6.00
Ham & Green Salad (design your own)	\$6.00

## SUSHI

ECO ROLL - Chicken Avocado & Mayo Sushi	\$4.40
ECO ROLL - Fried Chicken Sushi	\$4.40
ECO ROLL - Salmon Avocado Sushi	\$4.40
Onigiri with either Tuna or Chicken	\$4.40
6 x Chicken Avocado & Mayo Sushi	\$8.10
6 x Fried Chicken Sushi	\$8.10
6 x Salmon Avocado Sushi	\$8.10
6 x Fried Prawn Sushi	\$8.10
6 x Tuna, Avocado, Mayo Sushi	\$8.10
6 x Vegetarian Sushi	\$7.90
6 x Fried Crumbed Salmon Sushi	\$8.10
6 x Cream Cheese & Pineapple	\$8.10

## SNACKS & DESSERTS

Weetbix Coconut Slice	\$2.40
Yoghurt Large 225ml	\$3.50
Yoghurt Small 100ml	\$2.50
Fresh Fruit Salad	\$5.00
Apple	\$1.70
Banana	\$1.90
Fresh Sliced Pineapple	\$2.40
Grapes Fresh & washed	\$2.40
Kiwifruit	\$1.80
Orange Fresh & Quartered	\$2.20
Carrot Sticks	\$1.80
Hummus	\$2.50
Free range Boiled Egg	\$1.80
Pita Crisps Small Bag	\$2.90
Pretzels	\$1.90
Vegetable Crisps	\$1.50
Lebanese Flat Bread	\$2.00

## VALUE PACKS

Sausage Roll, Popcorn & Apple	\$6.70
-------------------------------	--------

## DRINKS

Water	\$3.00
-------	--------

Order online... [www.eZlunch.co.nz](http://www.eZlunch.co.nz)

Need help? Visit [support.mykindo.co.nz](http://support.mykindo.co.nz) or call  
toll free 0800 EZLUNCH (09-869 5200)  
8am-4pm Mon-Fri (except public holidays)

**Community News**

Equippers Church is holding a Light Party  
 Thursday 31st October from 5pm to 7pm  
 At David Lange Hall, Waterlea School  
 Gold coin donation per family  
 Includes food, fun and activities



**MANGERE BRIDGE SCHOOL**  
**POHUTUKAWA FESTIVAL**  
 CULTURAL PERFORMANCES | FOOD & CRAFT STALLS | GAMES

**SATURDAY 2ND NOVEMBER 9-2PM**

*Rock'n'Roll*  
 SPECIAL LIVE performance by Pacific Elvis aka Johnny Angel 12:15pm - 12:45pm

**free ENTRY**

**THIS IS A WASTE WISE EVENT**  
 Our focus for our festival is to create a less wasteful event. We encourage our community to bring their own food containers, plates, cups and eating utensils to our event. Think about a healthier less wasteful world for the generation to come.  
 REFUSE | REDUCE | REUSE | RECYCLE


**GYMNASTICS**

- Fantastic skill development
- Fantastic strength building
- Fantastic **TUMBLING** training
- Fantastic flexibility & mental concentration
- Fantastic coaches & equipment
- Fantastic Fun!

Register on the [www.GYMclub.co.nz](http://www.GYMclub.co.nz) website today!

Class starts on Monday the 21st October, at 3.15pm in the school hall.

**Dr Dawn Huebner : The Nuts and Bolts of Outsmarting Worry**



Each of us has an internal alarm system perfectly designed to alert us to danger and keep us safe. But the alarm gets triggered by the perception of danger, so sometimes we feel ourselves to be at risk when in fact we are not. Worry grows out of control when this over-zealous internal alarm, coupled with a handful of misconceptions, leads to behavior that quiets fear in the moment but strengthens it in the long run. Understanding this self-reinforcing system paves the way for effective intervention.

**In this workshop for parents and teachers of anxious children, participants will learn to identify where a child is in the worry loop, and the techniques needed to break free.**

**PARENTING WORKSHOP**  
 Venue: Ellerslie Event Centre, Auckland  
 Date: 31 October 2019  
 Time: 6:00 PM - 7:30 PM

**Dawn Huebner, PhD**  
 Psychologist - Author - Parent Coach

Dawn has been featured on television, radio, and web-based news and information sites, and is frequently interviewed by popular parenting magazines. Dr. Huebner's TEDx talk on Rethinking Anxiety has been viewed over half a million times.

Dr. Dawn Huebner is a Clinical Psychologist and Parent Coach specializing in the treatment of anxiety.

Dawn is the author of 9 books for children including the perennial bestseller, *What to Do When You Worry Too Much*, and more recent, *Outsmarting Worry*. Dr. Huebner's newest book, *Something Bad Happened*, provides support for children learning about frightening things happening in the world.

In all facets of her work, Dr. Huebner's mission is to empower young worriers and their parents, helping them live happier lives.

Please contact [pamw@rops.school.nz](mailto:pamw@rops.school.nz) if you wish to attend this event